

Wray Common Primary School Newsletter



Inspiring Lifelong Learning



THIS WEEK

THERMAL CONDUCTIVITY

In Year 5, we have been investigating thermal conductivity. We conducted a comparative test to see which materials were the best insulators and which ones were poor insulators. We wrapped plastic cups with 3 different materials, and measured the temperature every 5 minutes using a thermometer to see how much the temperature had dropped. The children worked collaboratively and used great scientific skills!



PE/SWIMMING TIMETABLE

Next week, Years 4 and 6 will start their swimming blocks therefore the PE and swimming timetable has changed.

	Reception	Y1	Y2	Y3	Y4	Y5	Y6
Monday	PE		PE				
Tuesday			PE			PE	
Wednesday				PE	Swimming	PE	
Thursday		PE			PE		PE
Friday		PE		PE			Swimming

Children should wear a white t-shirt, red PE shorts and black plimsolls or trainers. Black or grey tracksuit bottoms are allowed outside during particularly cold spells. A Wray Common PE hoodie can be worn on PE days however this is optional. For those children who are swimming, they require one-piece costume or trunks, towel, swimming cap and goggles.

SWIM TO FRANCE

In their swimming lessons this week, children in Years 1 and 2 took part in the Wray Common 'Swim to France' 2025. Each child swam as many lengths as they could in their lesson time and the total distance was added up to see how far they all swam. Year 1 swam 585 lengths and Year 2 swam 710 lengths. This equates to 5.5 miles for Year 1 and 6.7 miles for Year 2.

At the end of the year, when all children have completed their swimming lessons, and had a chance to 'swim to France' Miss Alice will tally up the total distance swum to see which year group has swum the furthest.

As a school, will we be able to swim the 21 miles (34km), which is the distance of swimming the English Channel from the UK to France this year?

Miss Alice would like to thank the Year 6 Sports Crew who helped with the Swim to France challenge. They helped to organise and encouraged the children swimming.



GYMNASTICS COMPETITION

A huge 'well done' to some of the Year 3 girls who took part in a Flexi Flics gymnastics competition at the weekend. They performed very well and showed great courage.

Flexi Flics run a gymnastics club on a Monday and Tuesday morning at Wray Common before school. For further details, please visit

[Wray Common Primary School - Clubs](#)



UPCOMING EVENTS

Tues - Y2 Sparkfish Christmas Experience



Wed - Fri - Y5 residential to Aylmerton

Fri - Non-uniform day in exchange for sweet jars (Friends)

FAMILY SUPPORT

If you need any support, please do not hesitate to contact us. We can help you source information about support through the right agencies, and make referrals ourselves to local support groups. Here are some of the things we have supported families with recently:

- School uniform, school bags, P.E. trainers and school shoes
- Pre-loved clothes for children
- Foodbank referrals
- Housing applications and letters of support
- Seasonal gifts for children

If you have any questions or would like to talk about how we can help, please contact Miss Kober on 01737 761254 or email familysupport@wray-common.surrey.sch.uk

PICK UP AND DROP OFF

We would like to remind you that the staff car park is not for use by parents and carers after 7:45 a.m., unless you are using the designated 'D' zone drop-off area. If you are using the car park before 7:45 a.m., please park courteously.

We kindly ask that you park in the surrounding residential roads and walk into school, being considerate of our neighbours by **not parking on double yellow lines or across driveways**.

For those of you who are new to the school, and as a reminder to everyone else:

- Parking on the school premises is not allowed between 7:00am and 4:45pm.
- The three drop-off spaces in the 'D' zone are for drop-off only and must be kept clear to ensure traffic flows smoothly during morning drop-off.
- Under no circumstances should cars be parked on double yellow lines in or around the school.

As always, we ask that you respect our neighbours and park considerately in and around the local roads.

Thank you in advance for your cooperation and support.

FRIENDS

Thank you so much to all our shoppers who took the time and effort in selecting their Christmas gifts for loved ones at the Elfridges sale. We hope you love the gifts on Christmas Day.

Together we have raised an incredible £1,221.78! Friends are meeting with the school soon to hear what funding requests they have so look out for further communication on where this money will be spent.

Thank you to all the volunteers that purchased and wrapped over 600 gifts and helped on sale days so this event could happen.

HONOUR BOOK

1LP	Natalie	For always aspiring to be the best she can be in her independent work. You always put lots of effort in!
1P	Ophelia	For showing respect with the classroom resources and helping to tidy away.
2T	Summer	For showing her amazing touch typing skills and being independent in her computing learning.
2F	Lara	For showing great determination in her maths learning using resources to help her understand multiplication.
3EM	Oliver	Super scientist when predicting the outcome and testing our 'friction' investigation.
3F	Owen	For always staying focused on his learning and trying his best.
4B	Julian	For always being a reflective learner and taking on board adult feedback.
4S	Jaxon	For aspiring to be the best he can be by using fantastic vocabulary in his writing.
5A	Abigail	For always striving to be the best learner she can possibly be. She remains focused, challenges herself and is an excellent role model.
5J	Sienna	For always being such a helpful member of the class. She is always thinking about what other people need!
6C	Jack	For having the courage to present a fantastic speech to new Reception parents.
6F	Gabi	For her outstanding contribution to parent tours this week and for being an excellent role-model. Thank you Gabi - you did the school proud.

What Parents & Educators Need to Know about TRACKING DEVICES

Bluetooth tracking devices like Apple's AirTag and Samsung's SmartTags have exploded in popularity, with millions sold each year. These small tools help people locate their lost items, but their discreet design has also made them attractive for more sinister purposes. From stalking to bullying, tracking devices present unique risks that trusted adults need to understand and address.

WHAT ARE THE RISKS?

STALKING AND HARASSMENT

Because of their tiny size and unassuming appearance, tracking devices can easily be hidden in bags or clothing. They've been used to monitor individuals without their knowledge, with a lawsuit in the US labelling AirTags "the weapon of choice of stalkers and abusers". In the UK, use of tracking devices in coercive control and stalking cases reportedly rose by 317 percent between 2018 and 2023.

TOOLS FOR BULLYING

Tracking devices could allow bullies to follow or locate their targets even outside of school. This makes it difficult for children to find refuge, potentially extending the trauma of bullying into spaces – like home – that should feel safe and secure.

FALSE ACCUSATIONS

Because tracking devices are linked to user accounts, they could be misused to 'prove' ownership of someone else's possessions. Someone could, for example, plant a tracker on another person's belongings to falsely claim them as their own.

INVASION OF PRIVACY

These devices are designed to share location data with the user via other people's phones, which can unintentionally broadcast someone's movements without their consent. This makes them vulnerable to being monitored by strangers without realising.

DIFFICULT TO DETECT

Many tracking devices are designed to be discreet, but that also means they're easy to hide. Without proactive checking or the right tech to detect them, children and young people might not realise they're being tracked.

Advice for Parents & Educators

WATCH FOR WARNING SIGNS

If a child's peers always seem to know their location – whether in person or hinted at online – it could be worth checking for tracking devices. Some, like AirTags, will eventually make a noise if separated from their owner. Listen out for a chirping sound.

CHECK LIKELY HIDING SPOTS

Common places where trackers may be planted include jacket linings, bag seams, pockets, or under bike seats. If you find one, take a photo of the serial number before disposing of it – this could help police trace the account it's linked to.

USE DETECTION APPS

Apple devices running iOS 14.5 or later will notify users of unknown AirTags nearby. Android users can install Apple's 'Tracker Detect' or the third-party app 'AirGuard' to scan for tracking devices from various manufacturers.

HAVE THE CONVERSATION

Talk to your child about what tracking devices are, what signs to look out for, and how they might be misused. Emphasise the legal consequences of using them to prank, harass, or monitor someone.

Meet Our Expert

Alan Martin is a seasoned technology journalist with bylines in Wired, TechRadar, The Guardian, The Evening Standard, The Telegraph, and The New Statesman. He specialises in consumer tech, online safety, and emerging risks in the digital landscape.





Premium Nordic Firs
3ft-8ft

Christmas Trees

The Friends are here to help you get ready for Christmas.
Order your Nordic Spruce Christmas Tree between 8-28

November using the QR code or link below.

Trees can be collected from school on

5 December 5-6pm or 6 December 9-10am

All profits go to the FOWC



[Bit.ly/fowctrees25](https://bit.ly/fowctrees25)

weds 10th
December



Main Hall
3:15-6:15pm

the Christmas Big Sing + Festive Fun!

JOIN THE FRIENDS OF WRAY COMMON FOR A
FEEL-GOOD FESTIVE EVENING OF
SING-A-LONG FESTIVE FAVOURITES AROUND THE
TREE, GAMES, RAFFLES, FESTIVE TREATS, MULLED
WINE, PERFORMANCES, AND MUCH MORE!

TICKETS
ADULTS: £5
CHILDREN:
FREE

bit.ly/fowbigsing

DON'T
MISS
IT!

Weds 10th

December



Main Hall

3:15-6:15pm

the Christmas Big Sing + Festive Fun!

Don't Miss the Main Stage!

- 3:15PM DOORS OPEN
- 3:45-4:15 ELESHA PAUL MOSES
- 4:30-4:45 THE WRAY COMMON CHOIR
- 5-5:15 WRAY COMMON CHEER
- 5:15-5:30 RAINBOW RAFFLE
- 5:30-6 THE BIG SING LED BY ELESHA
- 6:15PM FINISH

TICKETS
ADULTS: £5
CHILDREN:
FREE

bit.ly/fowcbigsing

Non-Uniform Days

For the Christmas Big
Sing + Festive Fun!

Friday 28th November

SWEETS & CHOCOLATE

Friday 5th December

BOTTLES

FOR THE BOTTLE TOMBOLE! IT CAN BE ANYTHING - ALCOHOLIC, NON-ALCOHOLIC, BUBBLE BATH, KETCHUP... IF IT'S IN A BOTTLE, IT'S IN!

THERE ARE SO MANY PRIZES TO BE WON! DON'T MISS OUT! GET YOUR TICKETS HERE!

SWEETS OR CHOCOLATE DONATIONS! AS LONG AS THEY'RE PACKAGED, THEY'RE GOOD!

TICKETS
ADULTS: £5
CHILDREN:
FREE

GET YOUR TICKETS HERE!

bit.ly/fowcbigsing

DON'T MISS IT!





winter

Holiday Club



22ND & 23RD DECEMBER

29TH & 30TH DECEMBER



FOR MORE
INFORMATION OR
TO BOOK A SESSION
VISIT OUR WEBSITE!

WWW.CAMPGLIDE.CO.UK

WRAY COMMON

CHIPSTEAD VALLEY

REDHILL/REIGATE 

COULSDON 

WESTVALE PARK

HORLEY



BE A CHORISTER FOR THE DAY

The Choir of St John's invites you to come and join our choristers to experience singing in a fantastic choir! All are welcome, age 7+.

learn to sing

learn to read and understand music

discover a rich cultural heritage

have lots of fun!

We welcome everyone to come along and join us for a fun afternoon of singing, including some favourite Christmas carols!

No prior choral or musical experience is needed.

Everyone is welcome.

ADVANCE BOOKING IS ESSENTIAL

Email

music@stjohnsredhill.org.uk

to book your place

 Saturday
29th November 2025

 St John's Church Redhill RH1 6QA

 2pm - 5pm



St John's Redhill is committed to safeguarding, and all adults present are fully DBS-compliant.

HOW Nurturing Programme Parent Groups have helped other parents

"I am a much more confident, positive and understanding parent. I feel much more able to cope now."

"We are having less family arguments and the household is a lot calmer."

"The group was fun. It's the only two hours I have for myself each week."

"The atmosphere was really relaxed. No-one judged anyone and everyone was listened to and respected."



check out

emotionalhealth.org.uk

for more information on *The Parenting Puzzle* book and The Nurturing Programme

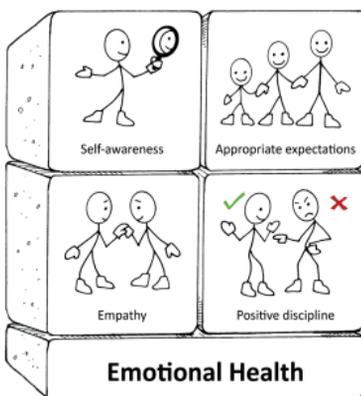
What is the Nurturing Programme?

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Nurturing Programme helps deal with those challenges so that you can have a calmer, happier life.

A tried and tested programme, it helps us think about what we do, why we do it and how it makes us feel.

The Four Constructs of the Nurturing Programme



© The Centre for Emotional Health 2024

The 10-week Nurturing Programme for parents and carers

Where:

Home-Start East Surrey
Central Redhill
home-starteastsurrey.org.uk

When:

Tuesdays 7.30pm to 9.30pm
13th Jan to 24th Mar 2026
(no session 17/2/26)

Contact details:

Lisa@home-starteastsurrey.org.uk
uk
mob: 07593 503701



emotionalhealth.org.uk
Registered charity 1062514



The Nurturing Programme

Information for Parents and carer

How to get the best out of family life



Practical information

Partners are welcome and it's also fine to come on your own or with a relative or friend

There are ten 2-hour sessions with a tea and coffee break

8-10 parents are invited and there are two trained group leaders

Some groups provide a creche; check with group leaders beforehand

you need to come to all ten sessions as they fit together like a puzzle

What does it cover?

Over the 10-week Programme, you will look at lots of different topics, including:

Understanding why children behave as they do

Recognising the feelings behind behaviour (ours and theirs)

Exploring different approaches to discipline

Finding ways to develop co-operation and self-discipline in children

Learning the importance of looking after ourselves

