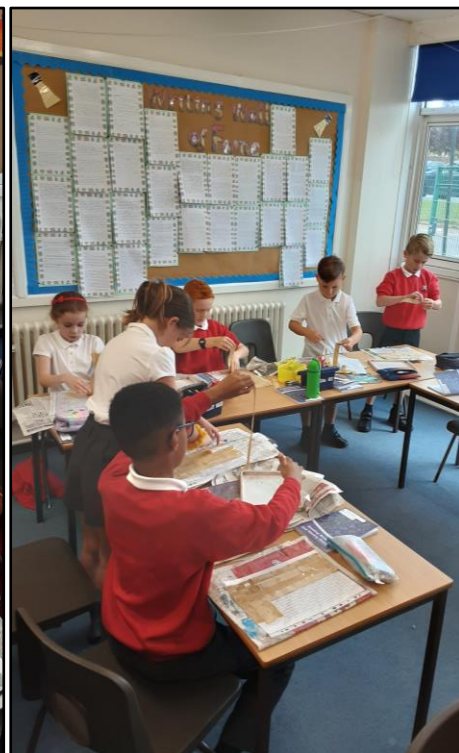




WELCOME BACK!

TEMPLES, TOMBS AND TREASURES

To help immerse ourselves into our new topic this half term 'Temples, Tombs and Treasures', the children explored how the River Nile provided many benefits for the Ancient Egyptians. We looked at how they used the papyrus plant to make their own paper. We then created our own papyrus paper and painted pictures on top that were inspired by Ancient Egyptian Deities, entertainment, culture and battles.





JOIN OUR GARDENING TEAM!



We are incredibly lucky to have the space and resources to provide the children with an allotment. This is where they can learn how to grow a range of plants and foods during their time at Wray common, but also increase their time spent in nature, fostering their curiosity and love of the environment. **We are looking for some keen volunteers** to help us maintain this precious space so that we can continue to provide the children with this fantastic opportunity to learn and connect with the natural world. If you are interested in being part of a gardening team, please let your child's class teacher know, or email the office.

Thank you in advance, from Mrs Padmanathan, Miss Jenkins and Miss Belcher.

ANCIENT GREEKS

This week, Year 5 have delved into their Ancient Greeks topic by making mod-roc vases. They evaluated what they liked and didn't like about the shapes, sizes and patterns of Greek vases, and then designed their very own. They made this using mod-roc layers, which got very messy! In their English, they went on their very own quest to find out all about their new model text - Perseus and Medusa. What a great first week back!



Attendance Matters

At Wray Common Primary School we expect children to attend school every day, as long as they are fit and healthy enough to do so. Everyday attendance at school and good punctuality are vital for pupils to get the most out of their education. We seek to support children and their parents and carers as best we can to make this a success.

Reporting absences

All absences must be reported on a daily basis by 9.20am. If a child is absent for 5 days or more, we ask that parents provide **medical evidence** for the absence.

If a child is absent from school with no explanation, it will be marked as an unauthorised absence.

If a child is absent without explanation from their parents or carers, for the equivalent of 5 days or more (which do not need to be consecutive) within a 10 week period, parents and carers will be liable to receive a penalty notice.

Requesting a leave of absence

Term dates are published well in advance, allowing parents to plan family holidays outside of term time.

As such, please be aware that The Education (Pupil Registration)(England)(Amendment) Regulations 2013, which became law on 1st September 2013, state that Headteachers may not grant any leave of absence during term time unless there are exceptional circumstances. Exceptional circumstances would only ever be considered on the rarest occasion in which a child's absence from school is wholly unavoidable.

Should parents and carers still choose to take their children out of school without the approval of the school, for 10 sessions (the equivalent of 5 days) or more, which do not need to be consecutive, they will be liable to receive a penalty notice upon their return to school.

Each parent is liable for a penalty notice for each child who is absent from school. If a child has not had a penalty notice in the last 3 years, the amount payable if paid within 21 days, is £80. Thereafter, the amount increases to £160, if paid between 21 and 28 days.

If a child has had a penalty notice in the last 3 years, the amount payable is £160 per parent, per child, if paid within 28 days.

If a penalty notice remains unpaid after 28 days, the Local Authority will consider a prosecution in the Magistrates Court.

If a child has had 2 penalty notices in the last 3 years, a 3rd penalty notice would not be issued - The Local Authority would consider prosecution under s444 Education Act 1996.

Thank you for your ongoing support - children's attendance at Wray Common continues to be excellent.

Did you know?

If your child misses 1 day of school every two weeks, this will add up to 20 days each year.

Over children's 13 years at Primary and Secondary School, this would be the same as them missing 1.5 years of school.

Reasons for absence when children are unwell

Children should attend school unless they:

- are not well enough
- have been physically sick and/or had diarrhoea within the previous 48 hours

When children become unwell during the school day

If a child becomes unwell during the school day, they will be supported by school staff. If it is felt that a child is too unwell to continue with their learning, they will wait in the medical area outside the school office while parents or another nominated person, are contacted.

How is attendance monitored?

Every half term, attendance and punctuality are monitored. Schools have a **statutory duty** to report on children's attendance when it has fallen below 95%. This will include writing to parents to make them aware of their child's attendance level and, where appropriate, seeking to work with them to support improved attendance for their child.

Punctuality

Registration is completed promptly at 8.50am. If your child arrives after this time, they will be marked as late.

Persistent lateness disrupts children's education and can lead to poor attendance.

Did you know?

Being just 10 minutes late each day is the same as missing 50 minutes a week. That is almost 1.5 weeks in a year. Over a child's 13 years at Primary and Secondary School, this would be the same as missing almost half a year of schooling.

PE TIMETABLE

The current PE and swimming timetable can be found below. Just a reminder that on PE days, children are to attend school wearing their full PE kit (PE t-shirt, red shorts/black leggings or joggers and trainers). Earrings are not to be worn for PE lessons and must be removed - we are not allowed to remove these on behalf of your child.

	YR	Y1	Y2	Y3	Y4	Y5	Y6
Monday	PE				PE		
Tuesday			PE			PE	PE
Wednesday			Swimming	PE		PE	
Thursday		PE			PE		PE
Friday		Swimming		PE			

If you are able to help with swimming and you have a valid DBS organised through Wray Common and have attended this year's Volunteer Induction, please let your child's class teacher know your availability. Important: For swimming, all children must have a swimming costume/shorts, swimming hat, goggles, and a swimming hat. On PE days, children should come in to school wearing their PE kit and trainers.

INFORMATION MEETINGS - REMINDER

Parents and carers are invited to an information morning (see dates) where our teaching teams will tell you about the year ahead - PE, swimming sessions, educational visits and year group organisation. Please make a note of your session Date.

Date and Time	Year Group
Mon 8th - 3pm	Y5
Tues 9 th - 2:45pm	Y2
Wed 10 th - 2:45pm	Y1
Wed 10 th - 3pm	Y3
Mon 15 th - 2:45pm	YR

CLUBS

All clubs start next week and should be paid for in advance on the Arbor app. The majority of clubs finish at the beginning of December, however for specific dates for individual clubs, please click [here](#).

UPCOMING EVENTS

Clubs start this week.

Mon - Y5 Information meeting 3pm



Tues - Y2 Information meeting 2:45pm

Wed - Y2 Swimming starts

Wed - Y1 Information meeting 2:45pm

Wed - Y3 Information meeting 3pm

Fri - Y1 Swimming starts

OPEN MORNINGS

Open mornings for prospective Reception parents with children due to start in September 2026 are now bookable on our website by visiting our [Admissions page](#).

FAMILY SUPPORT

If you need any support, please do not hesitate to contact us. We can help you source information about support through the right agencies, and make referrals ourselves to local support groups. Here are some of the things we have supported families with recently:

- School uniform, school bags, P.E. trainers and school shoes
- Pre-loved clothes for children
- Foodbank referrals
- Housing applications and letters of support
- Seasonal gifts for children

If you have any questions or would like to talk about how we can help, please contact Miss Kober on 01737 761254 or email familysupport@wray-common.surrey.sch.uk

SECONDARY SCHOOL APPLICATIONS

Parents and carers of children in Year 6 can now start applying for their child's secondary school place. The closing date for applications is the 31st October 2025, but you are encouraged to apply well before that closing date. Surrey are encouraging applicants to apply online at [Secondary school admission applications - Surrey County Council](#)



SCHOOL DINNERS

Just a reminder that school meals need to be paid for in advance of the half term. Meals are charged at £2.90 and if your child has a school dinner every day and they are in KS2, the total until October Half Term is £113.10. If you have any problems with making payments, please speak with the school office.

HONOUR BOOK

1LP	Freddie	For putting a huge amount of effort into all his learning this week. It's been noticed.
1P	Cruz	For his respect to the adults-always showing he is listening.
2T	Ruby H	For starting Year 2 with enthusiasm and a great attitude towards her learning.
2F	Luciano	For volunteering to help hand out worksheets to help Miss Fanner during lessons.
3EM	Mia	For always making the right choices and being respectful in the classroom.
3F	Wilf	For continuously contributing to lessons and showing great engagement.
4B	Cody	For being such a helpful member of the class and going out of his way to help tidy the classroom.
4S	Albie	For aspiring to be the best he can be by contributing lots in all lessons.
5A	Milly	For engaging enthusiastically in all her learning, sharing her ideas confidently with the rest of the class and focusing well when working independently.
5J	Lucia	For showing great enthusiasm towards her learning as well as helping other children in the class have the resources that they need.
6C	David	For always contributing and being an active learner in lessons.
6F	Fraser	For always showing an excellent attitude towards his learning. He is always engaged and putting in 100%.

10 Top Tips for Parents and Educators

RECOGNISING & MANAGING STRESS

According to recent studies, over 60% of young people report feeling regularly overwhelmed – with stress impacting their learning, emotional wellbeing and social connections. If left unaddressed, stress can lead to more serious concerns such as anxiety, depression or disengagement. This guide offers ten practical, evidence-based strategies to help children and young people recognise, manage and recover from stress in healthy ways.

1 SPOT THE SUBTLE SIGNS



Look out for changes in mood, behaviour, or energy levels, such as irritability, withdrawal, clinginess, or frequent headaches. These may indicate that a child is feeling overwhelmed. By tuning into these cues early and offering a calm, non-judgemental space to talk, adults can help children feel heard and supported before issues escalate.

2 KEEP CONVERSATIONS FLOWING



Make time for open, informal check-ins – whether it's during car journeys, over dinner, or in quiet classroom moments. Let children know it's okay to talk about what's bothering them. Regular, low-pressure conversations create a safe space where emotions are validated, not dismissed.

3 MAKE MOVEMENT PART OF THE DAY



Physical activity can dramatically reduce stress hormones while improving mood and focus. Encourage movement through activities children genuinely enjoy – from team sports to dancing around the kitchen. Even light activity like stretching or walking the dog can help us all unwind.

4 SUPPORT HEALTHY SLEEP PATTERNS



Poor sleep makes stress harder to manage. Establish a calming evening routine that avoids screens before bedtime and promotes winding down, such as reading, listening to music, or chatting quietly. Good sleep hygiene helps reset mood, enhances concentration, and boosts emotional resilience.

5 PRACTISE MINDFULNESS



Mindfulness doesn't have to mean long periods of meditation. A few slow breaths before lessons or short family meditation sessions before bed can make a real difference. These simple habits help children ground themselves, reduce emotional reactivity, and build inner calm over time.

6 SET DIGITAL BOUNDARIES



Excessive screen time, especially before bed or on social media, is linked with higher stress levels. Set clear expectations for when and where devices can be used and suggest screen-free alternatives like crafts, nature walks, or board games to promote digital balance and reduce overstimulation.

7 NURTURE SOCIAL CONNECTIONS



Strong relationships act as a buffer against stress. Whether it's a trusted adult, a sibling, or a good friend, ensure children have people around them they can talk to and spend quality time with. Help them build those bonds through shared activities and meaningful interaction.

8 PROGRESS OVER PERFECTION



Set realistic goals and praise effort, not just outcomes. When children feel pressured to be perfect, stress naturally follows. Celebrate small wins and help them reframe setbacks as learning opportunities. This helps build confidence and reduces the fear of failure.

9 TEACH EVERYDAY PROBLEM-SOLVING



Use real-life scenarios to build resilience. Encourage children to identify problems, consider possible solutions, and choose a plan of action. Practising these steps builds a sense of control and reduces the helplessness that often accompanies stress.

10 BE THE MODEL THEY NEED



Children notice how adults respond to challenges. Model healthy coping strategies such as taking breaks, asking for help, or calmly expressing frustration. By showing how you manage stress constructively, you help normalise these behaviours and encourage children to do the same.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College



FAMILY LEARNING

First Steps to Understanding Emotionally Based School Non-Attendance Course



This FREE online three week course for parents will be delivered in two hour sessions. You will gain an understanding of your child's school avoidance and ideas on how to make changes for a positive impact for all the family.

What will I learn?

- Understand reasons why your child will not attend school or lessons
- Understand reasonable adjustments from school to support your child
- Be confident in advocating for your child

For course dates, more information and to book your place please click on [this link](#) or scan the QR code





Open Evening

Tuesday 7 October 17:00-20:00

Headteacher Talks at 18:00 and 19:00

Open Mornings

Tours at 09:00 and 10:30 🕒

Tuesday 14 October • Wednesday 15 October • Thursday 16 October

Book ONLINE via our website

Bookings open From 1 September

www.carringtonschool.org

