

# Wray Common Primary School Newsletter



Inspiring Lifelong Learning



## HAPPY HALF TERM!

### SIGNIFICANT PEOPLE

Year 2 had a fantastic dress up day where the children came to school dressed as significant figures from history. We enjoyed a fashion show where the children showed off their costumes and the class had to 'guess who' they were. They also shared a fact about their significant person and then used their 'history detective skills' in a fun quiz!



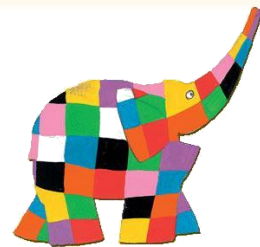
# STONE AGE DAY

This week, Year 3 took part in Stone Age Day. We travelled back in time and lived a day in the shoes of a real life Stone Age person. Children created fire using friction, followed a scavenger hunt to find animals, built dens and created a variety of cave paintings using printing and charcoal. Check out the pictures!



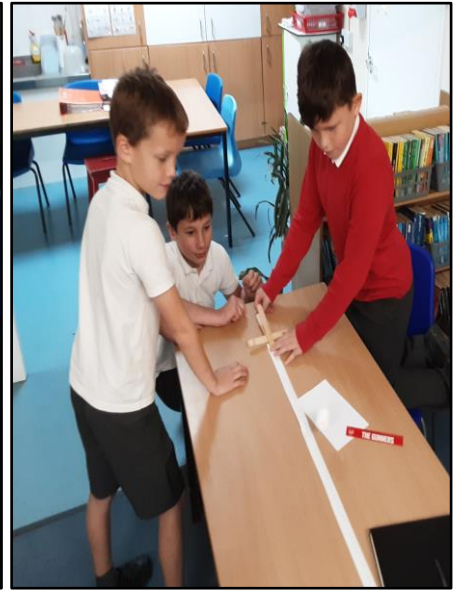
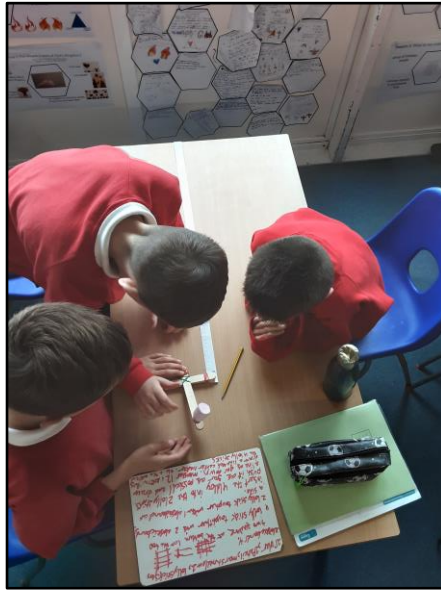
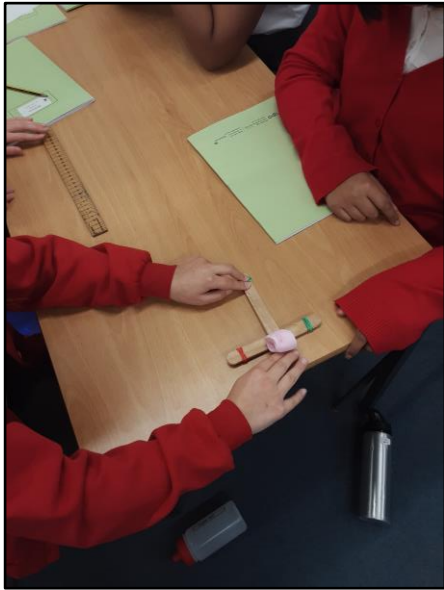
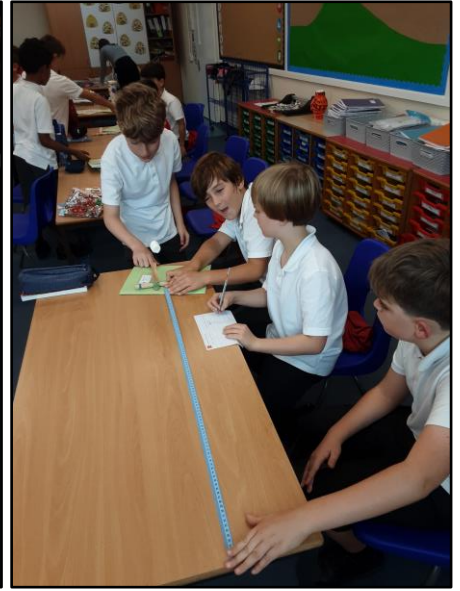
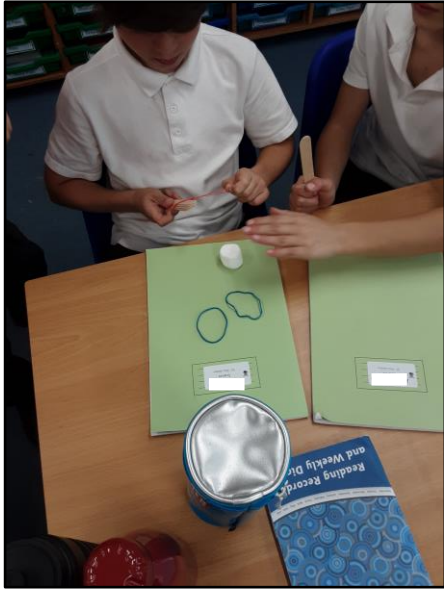
## ELMER DAY

Last week, Reception took part in Elmer day to celebrate everyone's differences. The children came into school wearing their most colourful Elmer-like clothing and had a brilliant day! They enjoyed many different games in the hall and had an Elmer party, playing musical statues and marching around like an elephant. The day was topped off with a yummy cake in the classroom. What a great day!



# CATAPULTS

This week in Year 5, we have been investigating how the length of a level affects how far an object is catapulted. We made our own catapults using lollipop sticks and elastic bands, and then we catapulted marshmallows, measuring the distance that it travelled. We found that the longer the lever, the farther the marshmallow catapulted!



## PEOPLE WHO HELP US

Reception have had a fantastic week with visitors from many different people who help us.

On Monday, we had a visit from PC Wiold who told us about how he helps the community. The children were very excited to look at evidence bags and try on different police officer hats. They asked some great questions about how PC Wiold helps to keep our community safe.

On Wednesday, we had a visit from Darren with a road sweeper. Darren told us lots of facts about road sweepers and showed us how all the parts work. We learnt that road sweepers can go as slow as 3mph and as fast as 30mph. Darren told us that the pipe at the back sucks all the rubbish and leaves up just like a Hoover. He even drove the road sweeper around the playground which was very exciting!

On Thursday, we had a visit from a physiotherapist. Steve told us all about his job and how he helps people. The children asked questions about how he helps people with different injuries.

What a busy week!



## PERSUASIVE SPEECHES

Year 5 have been busy writing persuasive speeches to argue whether the Trojans or the Greeks were to blame for the Trojan War. They have been including persuasive devices such as alliteration, rule of 3, statistics, rhetorical questions and emotive language. In groups, we then shared our persuasive speeches to other children, using expression, to see if we could convince anyone to change their views! Great persuasion Year 5!



Tuesday 22nd of October  
Walt write a persuasive argument

Good evening and welcome my highly regarded Greeks. I am honoured to stand before such privileged people on this fine day. Any wise and intelligent person will agree the Trojans should bear the burden of guilt. The Trojans carved their scarlet signatures into innocent skin and so should be blamed for the

Trojan war

my initial reason for blaming the Trojans is greed. Paris is a Spalt prince <sup>who was</sup> used to getting his <sup>own way. He was</sup> selfish and kidnapped Helen for his own satisfaction. He refused to give her back <sup>when</sup> we bought one thousand ships to retrieve her.

My second reason is that the Trojans army was so pathetic and weak <sup>that</sup> they hid their whole city behind twenty foot walls. Another reason is that Paris's horrible brother Hector cheated and killed our king. Obviously if you kill a king you are declaring war on a country. Paris's actions broke a peace treaty and ruined a friend ship who does that? Its not called the Trojans war for nothing



here you have it the Trojans are to blame for the war my brilliant and witty Greeks.

Well done Tegan. Some very persuasive points (y)

Tuesday 22nd October 2024

WALT: write a persuasive argument.

WELCOME my wise fellow greeks. Today I am here to explain who is to blame for the Trojan War. This tragedy is obviously because of the Trojans. Why do you think it is called the Trojan war? They are ~~with no doubt~~ <sup>without a</sup> ~~they~~ <sup>reason</sup> are the ones to blame. Let me now state all the obvious reasons.

My initial reason for the Trojans to carry the blame for <sup>the war is</sup> the kidnapping. Paris came for the day but he stole Helen. Who would do ~~that~~? Helen only loved Menelaus, not Paris. Why would you take someone <sup>against</sup> by their will? If Paris <sup>had given</sup> gave Helen back, there would be no war, even if it wasn't immediately. Why wouldn't you give her back?

My next reason is Hector, the mean, dirty and dishonourable Brother of the Prince, Paris. <sup>Two</sup> wrongs don't make a right. 2 wrongs <sup>do</sup> make a fight. Hector killed our king and it was <sup>definitely</sup> on purpose. If it wasn't, he wouldn't have a sword! He <sup>knows</sup> that means fight. He has disrespected the tradition of the <sup>one-on-one</sup> battle. It was a <sup>two on one</sup> and that is unfair. He is the leader of battle, why can't we just agree that Troy started it because Hector chose the battle.

I'm <sup>now</sup> certain you are <sup>100%</sup> sure that the Trojans are to blame for the Trojan war. Thank you for listening.



## UPCOMING EVENTS



Half Term - all children return to school on Monday 4<sup>th</sup> November.

Wednesday 6<sup>th</sup> - Nasal Flu

Wednesday 6<sup>th</sup> - Prospective Parent Open Morning

Thursday 7<sup>th</sup> - 3S assembly AM

Friday 8<sup>th</sup> - Friends Non Uniform Day - rainbow hampers

Friday 8<sup>th</sup> - Friends Firework Night

## POPPIES

As part of Wray Common's support for The British Legion, poppies and associated items will be on sale at school until Friday 8<sup>th</sup> November. A team of Year 6 children will be selling items in both playgrounds every morning (8:30 - 8:45 am). We suggest a donation of between 50p and £1. Please note that no change will be available, so correct money is required.



## DATA COLLECTION SHEETS

Data Collection sheets were sent home this week. Please can we ask that you return to the school office signed by Friday 8<sup>th</sup> November, even if there are no amendments. We do require at least two contacts per child.

## DATES FOR YOUR DIARY

Anti-Bullying Week 2024 will take place from Monday 11<sup>th</sup> - Friday 15<sup>th</sup> November, with the theme: Choose Respect. We will be focussing on this in PSHE lessons and during assemblies throughout the half term. Odd Socks Day is taking place on Tuesday 12<sup>th</sup> November, with adults and children being encouraged to wear odd socks to celebrate what makes us all unique. We can't wait to see everyone's jazzy odd socks!

If you need any support, please do not hesitate to contact us. We can help you source information about support through the right agencies, and make referrals ourselves to local support groups. Here are some of the things we have supported families with recently:

- School uniform, school bags, P.E. trainers and school shoes
- Pre-loved clothes for children
- Foodbank referrals
- Housing applications and letters of support
- Seasonal gifts for children



FOODBANK AT ST MATTHEW'S REDHILL



If you have any questions or would like to talk about how we can help, please contact Miss Kober on 01737 761254 or email [familysupport@wray-common.surrey.sch.uk](mailto:familysupport@wray-common.surrey.sch.uk)

## HONOUR BOOK

1EL	Marnie	For aspiring to be the best she can be by singing brilliantly during our class assembly.
1B	Florence	For being super engaged in phonics this weeks and applying our new phonemes to read previously tricky words.
2T	Sasha	For her fantastic perseverance when learning about addition and subtraction
2P	Harvey	For showing kindness to another child who was upset at playtime.
3S	Ehaan	For persevering and collaborating in PE to get a rally of 100 when playing tennis.
3F	Julian	For being a great team player by looking after our classroom environment and keeping it tidy.
4BR	Abigail	For aspiring to be the best she can be at all times in her learning and for being an excellent learning partner.
4BE	Lottie C	For always being a helpful learning partner and noticing what others need.
5E	Zoe	For her conscientious attitude towards her work and always demonstrating the Wray Common way of aspiring to be her best.
5J	Klare	For being a kind and supportive learning partner within lessons.
6C	Elodie	For always showing excellent learning behaviour the whole half term.
6F	Jake	For great cooperation with others to complete his changes over time using Digimap and even was willing to help others with theirs.

# 10 Top Tips for Parents and Educators

## SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

### 1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

### 2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

### 3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

### 4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

### 5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

### 6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

### 7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child's upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

### 8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

### 9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

### 10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

## Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



# #WakeUpWednesday

The National College®

# RAINBOW HAMPER NON-UNIFORM DAY

On Friday 8th November children are invited to wear  
non-uniform in exchange for a donation to the  
FOWC Rainbow Hampers.

Each year will be collecting items for a hamper  
e.g. if your child is in Year 1 please bring in a yellow coloured item.  
Hampers will be raffled at the Winter Wonderland  
event on Saturday 30 November.

Please bring your donations outside the school office on 8th November  
Your donations could be alcohol, sweets, chocolate, pumper items, or  
children's craft items.

RECEPTION

YEAR 1

YEAR 2

YEAR 3

YEAR 4

YEAR 5

YEAR 6



# WURRAY COMMON FIREWORKS

NOVEMBER 8TH  
GATES OPEN 5PM - FIREWORKS 6:30PM

FIREWORKS | FOOD VENDORS | BAR | MULLED WINE | SWEET STALL | MERCHANDISE  
FAMILY TICKET (2 ADULTS & 2 CHILDREN) £15 - INDIVIDUAL TICKET £4  
CHILDREN UNDER 3 FREE - QUIET ROOM AVAILABLE

TICKETS GO ON SALE AT 2PM ON 20TH SEPTEMBER  
BUY YOUR TICKETS AND VOLUNTEER TO HELP USING THE QR CODE OR LINK BELOW  
[BIT.LY/WURRAYCOMMONFIREWORKS](http://BIT.LY/WURRAYCOMMONFIREWORKS)



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Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt-in required. 0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1072833. Full T&Cs at [asda.com/cashpotforschools](https://asda.com/cashpotforschools). Rewards T&Cs at [asda.com/rewards/terms](https://asda.com/rewards/terms). Ends 30.11.24

## Winter Wonderland Christmas Fayre

SATURDAY NOVEMBER 30  
2-5PM AT WRAY COMMON SCHOOL

BUY YOUR TICKETS USING THE LINK OR QR CODE

£1 - ADULT ENTRY - CHILDREN FREE

PRE-BOOK YOUR SANTA'S GROTTO EXPERIENCE

LIMITED SLOTS AVAILABLE

MAKE REINDEER FOOD WITH THE ELVES & MEET SANTA

£5 PER CHILD - BABIES FREE

[BIT.LY/WINTERWONDERLAND-2024](https://bit.ly/winterwonderland-2024)



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The children and young people's emotional wellbeing and mental health service

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It Differently

Out of Hours  
ADHD  
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Schools  
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Training

## Barnardo's Surrey Neurodevelopmental Services

**Are you a parent or carer in Surrey of a young person who presents with ADHD behaviours?**

No diagnosis required to receive support

**Our helpline is here to support you, no referral needed.**

**0300 222 5755**

Free to call, press option 4

**5pm-11pm 365 days**

**Our trained helpline practitioners are able to support with a variety of concerns.**

Sleep Concerns

Diet Concerns

Friendships and Bullying

Dopamine Seeking Behaviours

Routines

School Anxiety

Screenitime Limits

Connections with Family or

Siblings

Risky Behaviours



## BE-A-CHORISTER-FOR-THE-DAY

St John's Church, Redhill RH1 6QA

Saturday 23 November, 2pm - 5pm

The Choir of St John's invites boys and girls (7+) to come along and join our own junior choristers to experience singing in a fantastic choir!

The choristers of St John's learn how to sing, read and understand music, and discover a rich cultural heritage, while having lots of fun!

No prior choral or musical experience is needed, nor is membership of a church or particular faith a requirement. Everyone is welcome!

*We welcome all youngsters to come along and join us for a fun afternoon of singing, including some of your favourite Christmas carols!*

**Space is limited, so early booking essential.**

**Email [music@stjohnsredhill.org.uk](mailto:music@stjohnsredhill.org.uk) to book your place**

St John's Redhill is committed to safeguarding, and all adults present are fully DBS-compliant.