

## PE: The Wray Common Way!



At Wray Common we strive to provide a motivational and inclusive PE curriculum that inspires our pupils to achieve their personal sporting goals. We understand the incredible positive impact that physical activity has on not only the children's progress in PE, but also on their physical and mental wellbeing.



Our school aims to inspire all children to develop a lifelong love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best.

We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.



We use the Get Set 4 PE scheme to provide structured lesson and unit plans, which teachers have the autonomy to adapt and adjust to meet the needs of all children. This flexibility ensures that all pupils are appropriately supported and challenged within each lesson and unit. Additionally, our developed POKAS documents serve as a progression guide, ensuring a well-structured PE curriculum. These documents help children build a broad range of knowledge and skills, applying them across multiple sports.

In Key Stage 1, children are taught the core skills needed for each PE topic and these are built upon each year. By Key Stage 2, the children apply these skills into their games and performances of specific sports. They also have the opportunity to engage in Outdoor Adventurous Activities through orienteering and team building tasks at school and during school trips. We are proud to have our own specialist PE teacher who expertly supports the children reaching their sporting goals throughout their journey at Wray Common. Every class has PE twice a week, experiencing a broad range of sports and activities.

### **Swimming**

At Wray Common, children swim beyond the national expectations of 25 metres and develop life-saving skills. All children from Year 1 to 6 swim for 10 weeks annually with reception swimming for 4 weeks. In 2025 each year group has completed a collective challenge of 'swimming to France' during their lessons. 90% of last years year 6 cohort were able to swim at



least 25m and 100% were able to perform safe self-rescue in different water-based situations.

### **Leading the Way: Developing Leadership Skills**

At Wray Common, we believe in fostering leadership skills in all our pupils and guarantee that every child will hold a position of responsibility during their time at our school.

Our Sports Crew, a team of 12 pupils, plays a vital role in enhancing PE lessons and promoting active lifestyles. Their responsibilities include:

- Leading warm-ups and small group activities in PE sessions.
- Providing peer feedback to support skill development.
- Assisting in the organisation and running of intra- and inter-school competitions.

By developing these leadership skills, our students gain confidence, teamwork experience, and a sense of responsibility that benefits them beyond PE.



### **Competitions: Opportunities to Represent Wray Common**

We provide multiple opportunities for pupils to represent Wray Common in a variety of sporting events, ensuring that all children can engage in competitive sport at their level.

#### **Inter-School Competitions**

Students proudly represent our school in local and district competitions, including:



- **Team Sports:** Football, netball, cricket, hockey.
- **Individual and Group Events:** Gymnastics, dance, athletics, cross-country, swimming.
- **Inclusive Events:** Multi-Skills and the SEND Panathlon.

#### **Our recent successes include:**

- Winning the **football league for the last three years**, adding a football tournament victory in 2024.
- Reaching the **district finals in girls' cricket** after winning the area competition.
- Winning the **local Panathlon event**, with our Year 1-6 team representing Wray Common at the County Finals.
- Individual pupils being selected to play for the **Reigate and Banstead Schools FA district team**.

## Intra-School Competitions

We encourage friendly competition within school through:

- Annual **Sports Days** and **Swimming Galas**, celebrating pupils' achievements.
- Our **House Football Tournaments**, where over 30 boys and 30 girls from Years 5 and 6 competed in Summer 2024.

This competitive structure allows all children to experience the excitement of competition while developing resilience, teamwork, and sportsmanship.

## Links to clubs



Over the last couple of years, Wray Common has developed a relationship with Dorking Wanderers. Football Club who have delivered a number of football coaching sessions children across the school from year 1 to 6. They have continued to provide students with free access to their first team matches which



supports engagement with a local club. We have also received 6 weeks PE lessons for year 4 and 5 and a year 2 lunch club run by a Surrey Cricket Foundation through their Chance to Shine programme.



Throughout the year, children in all year groups are offered the opportunity to take part in a wide range of after school clubs delivered by school staff and external clubs.

## School Games Mark

We have achieved Gold School Games Mark. This evidences our commitment to developing our provision of a high-quality PE curriculum.

